

Peaceful Refuge Sangha

REGISTRATION FOR
Day of Mindfulness
in the Plum Village tradition
with **Dharma Teacher Barbara Casey**

Saturday, June 13, 2025
9 am -2 pm
at Trinity Episcopal Church, Ashland

How Then Shall We Live?
Taking Refuge in the Precepts

Registration: \$25
Everyone is welcome, regardless of ability to pay.
Scholarships are available.

Please print:

Name: _____

Phone: _____ Email: _____

Address: _____

****Please check here if you are interested in receiving the 5 Mindfulness Trainings at this Day of Mindfulness _____***

Make checks payable to: CMLSO (Community of Mindful Living, Southern Oregon). Please mail form and payment to **Peaceful Refuge Sangha, PO Box 373, Ashland, Oregon 97520**

You will receive a Confirmation Letter with further details.